## Employee Engagement and Wellness Committee

Monday, May 2, 2022 3:00-4:00pm

Members Present: Cathy Colella, Nathan Rickey, Bethann Talsma, Julia Fedeson, Jessica Potter, Ashley

Bergkamp, Charles Heidelberg, Renae Peruski, Terri Zirkle McDonald,

Absent: Aaron Hilliard, Sara Tanis, Franki Hand

## Minutes

1. Minutes from the April 4 meeting were approved.

- 2. Welcome new member Franki Hand, from AWH Library
- The committee will continue the monthly section in the employee newsletter and marketing would like something to add each month if possible. This month, reminders about the meetups will be published.
  - a. Erin Dominianni liked the idea of highlighting a department each month in the newsletter. It was suggested that units are rotated so that units are not repeated. Focus on departments first that do not get much exposure on a regular basis within the college.
  - b. Frank wrote a proposal to Cathy about the book Breathe by Jane Nestor.
- 4. Encourage supervisors to put together small bios and photos of new employees. This is probably not the focus of this committee at this time but something to further explore.
- 5. Revive the program that handed out certificates of recognition for employees with a complimentary beverage coupon for the employee. Cathy provided some examples of these certificates that have been used in the past.
- 6. There is a form that supervisors can use or modify for their specific needs that they can learn more about their employees such as favorite color, food, hobbies, etc. Cathy mentioned an employee recognition bank that supervisors could access for small gifs for their team.
- 7. Look at creating a link on the employee intranet in the HR section for employees to see what is happening with the Employee Engagement and Wellness committee as another form of communication.
  - a. We would need a committee member to help keep this information up to date.

## **ACTION ITEMS:**

- 1. Cathy will share the link for the article recommended by Jessica Potter at the previous meeting.
- 2. Submit final descriptions to Cathy before Friday for the newsletter.
- 3. More information needed for the evening euchre group potentially meeting on May 17 after work.
- 4. Explore more how to incorporate the Wellness Wheel to promote with employees. This might be something for the fall summit.

Colella: Employee Engagement and Wellness Committee MINUTES